

Download Teens In Turmoil A Path To Change For Parents Adolescents And Their Families

Adolescence (from Latin *adolescere*, meaning 'to grow up') is a transitional stage of physical and psychological development that generally occurs during the period from puberty to legal adulthood (age of majority).

Adolescence is usually associated with the teenage years, but its physical, psychological or cultural expressions may begin earlier and end later. At WinGate, our young students have the opportunity to reconnect with their true self in a challenging and caring environment. As you read and learn more about our breakthrough wilderness therapy programs, you'll come to understand why WinGate is setting a the standard in wilderness therapy. 10 Reasons Teens Have So Much Anxiety Today We've created an environment that fosters anxiety rather than resilience. Posted Nov 03, 2017 Adolescents differ from adults in the way they behave, solve problems, and make decisions. Recent research shows that there is a biological explanation for this difference; the brain continues to develop during adolescence and even into early adulthood.